

	PERSONAL, SOCIAL & HEALTH EDUCATION			CITIZENSHIP	
	PERSONAL WELLBEING – UNDERSTANDING YOURSELF & HANDLING RELATIONSHIPS	SOCIAL EDUCATION – RESPONSIBILITIES AND VALUES	KEEPING HEALTHY	CITIZENSHIP – BECOMING AN ACTIVE CITIZEN	CITIZENSHIP – ECONOMIC & FINANCIAL CAPABILITY
Y E A R 7	All about me: <ol style="list-style-type: none"> 1. Healthy diet 2. The importance of exercise 3. Self-esteem 4. Puberty: nurse visit 	Disability: <ol style="list-style-type: none"> 1. Definitions and types of disability 2. Ability within disability 3. Researching disabilities 4. Presentations on different disabilities 	Friendship and mental health: <ol style="list-style-type: none"> 1. What is friendship? 2. Peer pressure 3. Friendship and mental health 4. Friendships online vs. reality 	Citizenship: <ol style="list-style-type: none"> 1. Democracy 2. Society 3. Human rights 4. Rule of law 	Risky Behaviour: <ol style="list-style-type: none"> 1. Budgeting 2. Gambling 3. Road and fire safety 4. Police visit: personal safety, online and social media safety
Y E A R 8	Culture and Diversity: <ol style="list-style-type: none"> 1. Discrimination : religious 2. Discrimination: racism 3. Discrimination : gender 4. Discrimination: sexual orientation 	Sustainability: <ol style="list-style-type: none"> 1. What is sustainability? 2. Impact 3. The world's resources 4. Lifestyle 	Habits for success: <ol style="list-style-type: none"> 1. Being proactive 2. Setting goals 3. Prioritisation 4. Working together 	Citizenship: <ol style="list-style-type: none"> 1. Stereotypes 2. Critical thinking 3. Rules and law 4. Public institutions 	Financial Awareness: <ol style="list-style-type: none"> 1. Earning and spending money 2. Where money goes 3. Budgeting 4. Banking
Y E A R	All about me: <ol style="list-style-type: none"> 1. Social media and body image 2. Mental health 3. Healthy lifestyle 	Modern World: <ol style="list-style-type: none"> 1. Social media 2. Stereotypes 3. The media 4. Extremism 	Watch Over Me: <ol style="list-style-type: none"> 1. How to be safe 2. Walking home safely 3. Case study 	Government and Politics: <ol style="list-style-type: none"> 1. Introduction to government 2. Political parties 3. Elections and voting 	Risky Behaviour: <ol style="list-style-type: none"> 1. Sexting 2. Drugs and legal highs 3. Police visit: online safety,

9	4. Peer pressure		4. Case study	4. Parliament and government	drugs/alcohol, county lines and knives 4. Nurse visit: consent
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